

Micronutrients, such as vitamins and minerals, are essential for proper growth and development. In Europe, micronutrient recommendations often vary widely between countries. Harmonised recommendations based on up-to-date science and improved means to reach them are thus needed.

Funded by the European Commission, EURRECA is a Network of Excellence developing methodologies to standardise the process of setting micronutrient recommendations. It is expected that the results will improve the health of European citizens. (...)

The article:

<http://www.eufic.org/page/en/page/MEDIACENTRE/podid/EURRECA-towards-standardised-micronutrient-recommendations-Europe/>

EURRECA website:

<http://www.eurreca.org/everyone>