Do you ever stop and wonder: What's the story of my food? Where did it come from, and how did it get to me? Food connects us to some of the most important questions of our time. The food choices we make — individually and as a society — create a ripple that is felt around the world.

The website:

http://www.nourishlife.org/

A video:

http://www.youtube.com/watch?v=1-tktxb3J_U&feature=player_embedded

Companion guides to the film "Nourish: Food + Community": http://www.ecoliteracy.org/downloads/nourish-companion-guides