

NUTRIZIONE



This booklet provides a summary of the publication Combating Micronutrient Deficiencies: Food-based Approaches, published jointly by FAO and CAB International and contains the abstracts and the list of key words for each chapter.

The publication has 19 chapters, each of which shows the benefits – and in some cases the limitations – of food-based approaches for preventing and controlling micronutrient malnutrition. One hundred authors with different backgrounds have contributed to the book which brings together for the first time under one cover the available knowledge, success stories and lessons learned on country-level activities to demonstrate that food-based approaches are viable, sustainable, and long-term solutions to overcoming micronutrient malnutrition. Many different views and analyses have been captured providing a rich collection of knowledge and experience. Furthermore, the publication is an exceptionally rich source of references on the subject.

The booklet:

<http://www.fao.org/docrep/013/am027e/am027e00.pdf>

FAO International Symposium:

<http://www.fao.org/ag/humannutrition/nationalpolicies/meetings/en/>

<http://www.fao.org/ag/humannutrition/nationalpolicies/meetings/67384/en/>

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Le raccomandazioni europee su vitamine e minerali:

<http://www.eufic.org/article/it/page/FTARCHIVE/artid/Vitamin-mineral-intake-recommendations-Europeans-italian/>